

Why Do I Need to Attend?

The Family Court Judges in Lee County require all parents in cases of divorce, visitation, change of custody, and/or other domestic relations actions to complete this program. It is in the best interest of your children that you take time to see divorce and family change through their eyes. Parenting during the transition of divorce and/or parental separation is challenging and this course discusses how to help your children through this difficult time.

A picture ID will be required at the door at the time you attend the program.

CHILDREN ARE NOT ALLOWED TO ATTEND THE CLASS!

How Do I Register?

You may register and pay the **course fee of \$50.00** at the Lee County Youth Development Center (LCYDC) Administration Building (#100), between the hours of **9 a.m. – 4 p.m. M-F** excluding holidays. **All participants must be pre-registered and ALL REGISTRATIONS must be completed by Wednesday prior to the class you wish to attend. We accept checks money orders, Visa/Mastercard debit or credit. NO CASH will be accepted. Please bring your Court case number with you at the time of registration.**

The Child Care Resource Center is a drug and alcohol free facility. Those who are not in compliance will be asked to leave the premises. Coffee will be provided. You may bring a light snack if you wish. The use of electronic devices during the presentation is prohibited and certificates will not be furnished to participants who violate this policy. **If you do not attend a course within 3 months of registering, you must re-register and pay an additional \$50 registration fee.** If further information is needed or related concerns arise, please contact the LCYDC Psychological Services Department at (334) 745-2760.

Class Schedule

October 8, 2016

Saturday, 8:30 AM - 12:30 PM

November 12, 2016

Saturday, 8:30 AM - 12:30 PM

December 10, 2016

Saturday, 8:30 AM - 12:30 PM

January 14, 2017

Saturday, 8:30 AM - 12:30 PM

February 11, 2017

Saturday, 8:30 AM - 12:30 PM

March 11, 2017

Saturday, 8:30 AM - 12:30 PM

April 8, 2017

Saturday, 8:30 AM - 12:30 PM

May 20, 2017

Saturday, 8:30 AM - 12:30 PM

June 10, 2017

Saturday, 8:30 AM - 12:30 PM

July 8, 2017

Saturday, 8:30 AM - 12:30 PM

August 12, 2017

Saturday, 8:30 AM - 12:30 PM

September 9, 2017

Saturday, 8:30 AM - 12:30 PM

Class location: Child Care Resource Center located at 510 South 7th Street, Opelika, AL 36801 (next to Opelika Post Office).

Special Needs: The training location is wheelchair accessible with advance notice. If other special accommodations are needed, please indicate at time of registration.

Certificates of Attendance will be handed out at the end of the class for your signature. LCYDC is responsible for filing the certificates with your Court referral source. Attendees are responsible for providing their court case number so that documents may be filed with the courts.

T_{RANS}PARENTING

**A program sponsored by
Lee County Youth Development Center**

A non-profit social service agency, Lee County Youth Development Center is committed to helping children and families of Lee County. We provide leadership in developing and providing quality professional services to accomplish our mission: "A PLACE FOR CHANGE...working together, offering rays of hope for children and families - strengthening our community."



Since 1973, Lee County Youth Development Center has served families and children in the Lee County area. We provide skilled professional counseling and supportive services to families, children, and individuals. The TRANSPARENTING, (formerly known as Children Cope with Divorce), staff has been professionally trained by Families First of Atlanta, Georgia. The program was started in Lee County in 1993 and is mandated by the Family Court for all divorcing parents of children ages 18 and under.

TRANSPARENTING

TRANSPARENTING is an educational program designed to teach effective parenting during the transitions of divorce or parental separation. It impresses upon parents the critical role they play in their child's ability to adjust to changes surrounding divorce.

The seminar emphasizes each parent's responsibility to provide a nurturing, nonthreatening environment for the child.

Topics include:

- Feelings associated with divorce
- Ways that children of different ages react during transition
- A parenting approach that will benefit your children
- Suggested ways for talking to children about divorce
- Other adjustments children will need to make as time goes on

The course is taught by Master's level professionals who have been specifically trained to teach this course. This is an educational program and not a counseling session. Parents will not be expected to discuss personal problems.

PROGRAM HIGHLIGHTS

- Over one million parents have successfully completed the program over the past decade.
- **TRANSPARENTING** is a *nationally recognized program* operating in 39 states and 180 jurisdictions.
- *Ninety-six percent of family court judges surveyed report that the program "serves to lessen the negative effects of divorce on children." (Journal of Divorce and Remarriage, 1997).*
- *The National Council of Juvenile and Family Court Judges* awarded the originating program the "Unique and Innovative Project Award."
- Exit surveys consistently show high ratings. Despite being mandated to attend and paying a fee, more than 94% of parents say the program is "helpful" or "extremely helpful." 98% would recommend the program to others.

Informational Resources:

- www.UpToParents.org
- www.transparenting.com

CHILDREN'S RIGHTS during divorce and separation

- "I have the right..."
- To be told that my mother and father will always love me.
- To be told that the family break-up is not my fault.
- To be seen as a human being; not a piece of property to be fought for or bargained over.
- To have decisions about me based on what is in my best interest and not on my parent's hurt feelings or needs.
- To love both my father and my mother without being forced to choose or feel guilty.
- To know both my mother and my father through regular and frequent involvement in my life.
- To have the financial support of both my mother and my father.
- To be spared from hearing hurtful or negative comments about either of my parents.
- To be a child and not asked to lie, spy, or send messages between my parents.
- To be allowed to have affection for new people who come into my life without feeling guilty or being pressured.